



1 Out Of 5 Soldiers Coming Home Will Have Some Form Of PTSD 01/14/12

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As thousands of American soldiers head home from war, many are expected to be battling PTSD once they get home. According to a study by the RAND Corporation, 1 out of 5 soldiers returning home will have some form of Post-Traumatic Stress Disorder. Medical professionals say most don't want to admit they need help.

"What happens is you have the macho soldier and he doesn't wanna seek help because he thinks it's a sign of weakness which in reality it's not," said Dr. Sudip Bose, Medical Center Hospital.

Doctor Bose says the responsibility lies in the hands of the troops families to identify the signs of PTSD and encourage their soldier to seek help.